

# Healing Consciousness and TECHNOLOGY

“FIND OUT FOR YOURSELF”

27TH PROFESSIONAL SEMINAR  
MARCH 12 - 17, 2016

SPONSORED BY THE MONROE INSTITUTE  
IN COLLABORATION WITH THE PROFESSIONAL DIVISION



# 2016 Program

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## Saturday, March 12

— The Nancy Penn Center (NPC) —

12:00 N              Registration  
5:00 PM              Reception  
6:00 PM              Dinner

— *David Francis Hall (DFH)* —

7:30 PM              **Welcome**  
**Barbara Bullard, PD Leadership Council Liaison**  
  
8:00 PM              ***State of the Institute Address***  
**Nancy (Scooter) McMoneagle**  
**TMI Executive Director, President**

Nancy McMoneagle will offer an update on all things TMI, looking at the accomplishments the Institute has enjoyed as well as some exciting events on the horizon.

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## Sunday, March 13

— *NPC Exercise Room* —

7:00 AM              Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM              Breakfast

— *DFH Conference Room* —

9:00 AM

**Keynote Address**

***The Biochemistry and Physics of Health and Longevity***

**C. Norman (Norm) Shealy, MD**

Average American life expectancy is 78 years, with that average being significantly shortened by smoking, obesity, poor nutrition and inactivity. Indeed only 3% of Americans live the healthy alternatives. For those who wish to determine their potential for healthy longevity, measurements of DHEA, calcitonin, free radicals and length of telomeres provide the framework for health and longevity. In addition to the basic habits it has now been shown that activation of 3 acupuncture circuits—Fire, Earth and Crystal—with essential oils, and Transcutaneous Acupuncture, assists in optimizing health and longevity, allowing telomeres to regenerate 3.5% each year instead of the usual 1% shrinkage.

11:00 AM

***Healing Myself—25 Years Later***

**Gari Carter**

Gari Carter's story is, in part, a Monroe Institute story. In her book, *Healing Myself*, Gari tells how she encountered Hemi-Sync® at a time when her health and her future were uncertain following a devastating car wreck. That discovery set the stage for the next ten years and multiple surgeries as her face was painstakingly reconstructed with the assistance of the Surgical Support audio series. This presentation answers the question, "Since then, how have you continued healing yourself?" Repercussions from the accident required a complete life style metamorphosis, and constant vigilance to maintain her vitality and well-being. Gari discusses her ongoing use of Monroe techniques as well as alternative and complementary therapies and conventional treatments.

— *NPC Tower Dining Room* —

12:30 PM

Lunch

— *DFH Conference Room* —

2:00 PM

***TMI Research Directions, 2016***

**James (Jim) Lane, PhD, TMI Research Director**

Dr. Jim Lane will provide an update on TMI's research activities since the last Professional Seminar. He will provide descriptions of two recent steps in TMI's research program to determine the effects of Spatial Angle Modulation™ (SAM) audio exercises. The current focus of this research program is the development of SAM exercises for the induction of relaxation in the listener. Both studies used a Web-based survey platform to administer the audio exercises and to gather study data from individuals around the world. The rationale, methods, and results of these studies will be presented with a discussion of the studies' implications. Dr. Lane will also describe current work to establish a psychophysiology laboratory at the Rhine Research Center where physiological effects of SAM exercises can be measured to provide objective evidence of EEG entrainment and relaxation effects. Suggestions and comments of PD members will be welcomed and encouraged in the discussion of these activities and planning for the year ahead.

3:45 PM

**TMI Surprise, Silent Auction Launch**  
**Susan Smily & Barbara Bullard**

— *NPC* —

5:00 PM

Social Hour, Dinner

7:30 PM

***On Learning, Music, and Monroe Technologies for ADD,***

***ADHD, Dyslexia, Autism, and Other Learners***

**Barbara Bullard, MA, & John Epperson**

The presenters offer a discussion of the 20-year collaboration among TMI, Professional Division members, Monroe Products, Musician J.S. Epperson, Professor Bullard, and others—students and parents around the world. The success of this collaborative journey is indicative of the outcomes that can occur from the interaction of TMI, Monroe Products, and PD members. First is a presentation of the widespread impact of music on the brain and body, as well as the science and success of combining the right type of music with Hemi-Sync—the creation of "designer music." Second is a discussion between Epperson and Bullard of the specifics of beta music for quantum learning versus an alpha-theta-delta Metamusic®. Discussion and exercises will demonstrate the use of beta Metamusic compared to alpha-theta Metamusic. Third is an experiential exercise demonstrating the variety of differences.

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## Monday, March 14

— *NPC Exercise Room* —

7:00 AM

Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM

Breakfast

— *DFH Conference Room* —

9:00 AM

***DEC: Healing with Consciousness and Technology for 25 Years***  
**Richard (Dick) Werling & Brian Dailey, MD**

In 1991, The Monroe Institute® established the Dolphin Energy Club to promote emotional and physical comfort in times of need using the distinctive frequency patterns of Hemi-Sync. DEC members employ a specially designed training CD to learn techniques and gain skills to use as DEC healing agents. Since its inception DEC has received reports from both healers and recipients on the profound impact of DEC energy. In this presentation Dailey and Werling share personal experiences, methods, and tools. They will lead us in a brief DEC exercise and demonstrate methods for data collection in a deep healing state.

11:00 AM

## ***The Illusion of Separation***

**Dean Radin, PhD**

Everyday experience tells us that our minds are isolated inside our heads and that ultimately we are separate creatures. But everyday experience is a poor arbiter of the true nature of reality. Joining us via Skype, Dr. Radin will discuss why this is so and present evidence indicating that a key part of us—perhaps *the key*—is not only holistically interconnected with everything else throughout space and time, but that this seemingly radical idea makes perfect sense after applying a twist to prevailing scientific models of reality.

— *NPC Tower Dining Room* —

12:30 PM

Lunch

— *DFH Conference Room* —

2:00 PM

***Outreach Meeting*** | free time

3:45 PM

***Tech Talk: SAM, Hemi-Sync® and More***

**Bob Holbrook, TMI Director of Technology  
& A. J. Honeycutt, President of Monroe Products®**

A. J. Honeycutt will report on Monroe Products projects, products, and research activity. Present and future collaborations include projects with William Buhlman, Tenzin Wangyal Rinpoche, and Micah Sadigh. Research performed by Lt. Col. Gant will be discussed. New discoveries of the SAM (Spatial Angle Modulation™) audio technology will be revealed. SAM's potential continues to be realized through new applications and a significant impact on TMI programs.

— *NPC* —

5:00 PM

Social Hour, Dinner

— *DFH Conference Room* —

8:00 PM

***Members Around the World Panel***

**Andrea Berger (USA, Romania) on TMI's online courses • Stacy Kirch (USA) on Hemi-Sync as an aid to counseling students • Carmen Montoto (Puerto Rico) on Monroe tech with alternative and complementary medicine • Stefano Roverso (Italy) on developmental delays and learning**

In what has become a highlight of the Professional Seminar, members discuss their work and projects underway internationally.

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## Tuesday, March 15

— *NPC Exercise Room* —

7:00 AM      Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM      Breakfast

— *DFH Conference Room* —

9:00 AM      ***Update on Professional Division Webpages***  
**Susan Smily**

9:15 AM      ***Professional Division Leadership Building group process***  
**Becky Carroll, PhD, & Allyn Evans**

This is a participatory session designed to foster the ongoing development of the Professional Division as a proactive body with a voice in its future, and a strongly collaborative group that solicits and guides its members.

— *NPC Tower Dining Room* —

12:30 PM      Lunch

— *DFH Conference Room* —

2:00 PM      ***Taking Sound Around the World: Speaking the Languages of the Brain***  
**Brian Dailey, MD, & Sergey Sorin, MD**

The presenters will discuss their Samvit Wellness Interactive Sound Medicine Course, an accredited course in integrative medicine presented in partnership with Dr. Brian Dailey, Dr. Sergey Sorin, and Allyn Evans, MBA. The course is designed to teach participants to use state of the art sound technology to facilitate deep relaxation, enhance sleep, and manage pain. Additionally, mechanisms to measure results are demonstrated. The target audience is health care professionals interested in Sound Healing and in the practical applications of it for patient care. Additionally, anyone who has a general interest in learning more about the technology is invited to attend.

3:45 PM      **Silent Auction Closing | free time**

— *NPC* —

5:00 PM Social Hour, Dinner

— *DFH Conference Room* —

8:00 PM ***Inspirational Movie Night: "Journey of the Lost," TMI's Lifeline program filmed for the television show, "The uneXplained."***  
**Andrea Berger**

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## Wednesday, March 16

— *NPC Exercise Room* —

7:00 AM Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

7:45 AM Breakfast

— *DFH Conference Room* —

9:00 AM ***Guided Exploration Day with Hemi-Sync and SAM***  
**Bob Holbrook**

— *NPC/RMR CHECs and Conference Room* —

9:30 AM **Exercises at Nancy Penn Center and Roberts Mountain Retreat**

— *NPC Tower Dining Room* —

12:30 PM Lunch

— *NPC/RMR CHECs and Conference Room* —

2:30 PM ***Guided Exploration Day* (continued ...)**

— *RMR* —

6:00 PM **Supper**

7:30 PM **Awards and Acknowledgements**

8:00 PM

***Haunted by Chocolate: A Chocolate Tasting***  
**Loyd Auerbach, paranormal researcher and chocolate maven**

*Chocolate Maven Loyd Auerbach, joining us via Skype, will lead us through a tasting of exceptional Chocolates. You will learn a bit about the history, health benefits, variety and making of the Food of the Gods (the literal translation of Theobroma Cacao, Chocolate's parent plant) while you are guided in tasting various samples. The variety of Chocolate sampled is wide—from different chocolate makers to percentages of cacao and unusual flavorings.*

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## **Thursday, March 17**

— *NPC Exercise Room* —

7:00 AM                   Yoga | Shaaron Honeycutt

— *NPC Tower Dining Room* —

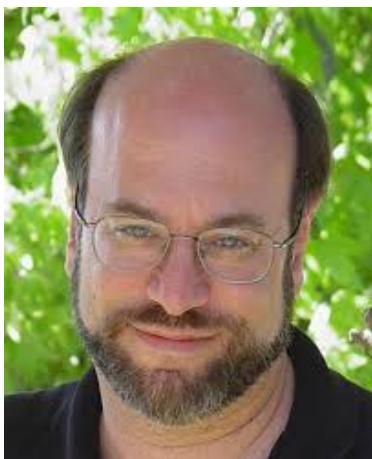
7:45 AM                   Breakfast

Departures

# Presenter Biographies

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## Loyd Auerbach



Loyd Auerbach is known best as an expert on the paranormal, the author of 8 books on the subject, and a frequent face on paranormal TV shows. He lectures on the subject around the country, and teaches both local and distance learning Parapsychological Studies courses.

But he is also a life-long Foodhist, a Chocolate Maven, and a professional chocolatier. His research for a book on chocolate led him to present chocolate tastings for audiences big and small.

With a Master's degree in Parapsychology, he is Director of the Office of Paranormal Investigations, a Professor at Atlantic University (Virginia Beach, VA), JFK University (Pleasant Hill, CA), and creator and Instructor of the Certificate Program in Parapsychological Studies at HCH Institute. Auerbach is the author of seven other books on the paranormal.

He is a member of the Advisory Boards of both the Rhine Research Center and the Windbridge Institute, and the Scientific Advisory Board of the Forever Family Foundation.

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## Andrea Berger

Andrea Berger, MS, grew up in Bucharest, Romania, and has traveled throughout India studying Yoga and meditation on inner light and sound. She now lives in Cincinnati, Ohio, with her husband and their two children. Ms. Berger retired from a large consumer goods company, where she worked for twenty-two years as an Information Technology manager. She is an accredited Monroe Institute trainer, a certified VortexHealing® Energy Healer, a Reiki Master, and an enthusiastic Yoga practitioner. She earned a Masters in Transpersonal Studies from Atlantic University, founded by Edgar Cayce in Virginia Beach, Virginia. Ms Berger is also the founder and president of the non-profit 501(c)(3) charitable organization "Association for Consciousness Evolution, Inc." with the mission to accelerate the evolution of consciousness through education, practical exploration and personal transformation. Since 2010, she has facilitated many TMI programs in Romania, including Gateway Voyage®, Lifeline®, Guidelines®, and Exploration 27®. She is the TMI Local Chapter Network Regional Coordinator for the Upper Midwest Region and the TMI local chapter leader in Cincinnati, Ohio. She also serves on the TMI Board of Advisors and the Professional Division Leadership Council.



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## Barbara Bullard

Barbara Bullard, MA, has been professor of Communication Studies at Orange Coast College for forty-eight years. She has been nominated five times for Teacher of the Year at the college and received the NISOD Teaching Excellence Award from the University of Texas in 1994, 1999, 2000, 2002, and 2003. In 2000 and 2001 Ms. Bullard was a master presenter at the NISOD Conference, speaking on "Music and Metamusic in the Classroom." She was selected for Who's Who Among America's Teachers in 2002 –2007 and has been a Professional Division member of The Monroe Institute since 1989. She has served on the Professional Division Leadership Council for four years. She is co-author of a textbook, *Communicating from the Inside Out*, and has published numerous articles on the role of music and Metamusic. She has recently published *Remembrance: Pathways to Enhanced Learning* a summary of the extensive work with Hemi-Sync, Metamusic and learning with Dr. Alex Bennett.



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## Becky Carroll



Becky Carroll, PhD, is a licensed psychologist in private practice with over 20 years of experience as a psychotherapist and many more years of training and facilitation experience. As a therapist with a general practice, she specializes in trauma resolution, transpersonal and spiritual emergence issues, and mindfulness practices to help clients be able to live more fully in their bodies and lives.

While personally enjoying many "expanded," or out-of-body (OBE), experiences to other physical and non-physical places, as a Somatic Experiencing Practitioner ([www.traumahealing.com](http://www.traumahealing.com)), Dr. Carroll is also very interested in facilitating journeys into one's body.

She attended Gateway Voyage in 2002 and has since completed many other TMI programs. She has been a member of The Monroe Institute® Professional Division since 2002 and serves on the PD Leadership Council. When the Trainer Training Program was reinstated in 2009, Dr. Carroll jumped at the chance to become an Accredited Outreach Trainer, gleefully spending her entire summer reading and writing papers for her matriculation into "Hogwarts."

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## Gari Carter



Gari Carter graduated from Randolph-Macon Woman's College, and studied at Johns Hopkins University, the University of Virginia, and Middlebury College. She speaks French, Spanish, Italian, and English. She held positions at the Embassy of Bolivia, the Embassy of France in Washington, Frontier Airlines in Denver, taught French and Spanish, modeled, and opened and ran a successful clothing and gift shop in Virginia.

Her life changed abruptly in 1982, as told in her first book, *Healing Myself*. Ms. Carter and her eleven-year-old son were driving in a snowstorm when they were hit head-on by another car. Her son had learned CPR the week before in Cub Scouts, and revived his unconscious mother as she was having a near-death experience.

Ms. Carter's next ten years were spent in facial surgical reconstruction, using The Monroe Institute's audio Surgical Support Series to control pain without anesthesia and medication.

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## Brian Dailey

Brian Dailey, MD, FACEP, FACFE, is a graduate of the University of Rochester School of Medicine & Dentistry. He did his training in Surgery at SUNY at Stonybrook, NY. He is board certified in Emergency Medicine, Forensic Medicine, and Forensic Examination. He has been an Assistant Professor in Emergency Medicine, a Clinical Instructor in Surgery, and a Clinical Instructor in Complementary and Alternative Medicine, at the University of Rochester School of Medicine & Dentistry. He was selected as one of America's Top Physicians by the Consumers Research Council of America for 6 years. He is a third degree Reiki Master with extensive experience in energetic and vibrational medicine, including the use of CranialSacral therapy, crystals, and color. He has vast experience in sound therapies, including Hemi-Sync, Spatial Angle Modulation, and crystal bowls to induce altered states of consciousness. He is a member of the Professional Division, and serves on the PD Leadership Council and the Board of Advisors and is Board of Directors Emeritus of The Monroe Institute®.



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## John (J.S.) Epperson



John (J.S.) Epperson, a graduate of the USC Thornton School of Music, is a leading contributor of *Metamusic*, meditation music and guided meditations. By combining several psychoacoustic techniques with music designed to naturally engage the body's autonomic and psychological responses, he creates "music with purpose."

Mr. Epperson's work with Barbara Bullard and TMI led to innovations in the area of "betamusic," *Metamusic* that can be used to improve focus and concentration. Combining the Superlearning® musical techniques outlined by Ostrander and Schroeder with Hemi-Sync frequencies designed to address beta brainwave deficiencies of people with ADD and ADHD, Mr. Epperson and Ms. Bullard created albums such as "Remembrance," "Einstein's Dream," "Indigo for Quantum Focus," and "Illumination for Peak Performance."

Their 20-year collaboration with The Monroe Institute and Monroe Products resulted in the creation of 9 Hemi-Sync albums and two ground-breaking DVDs.

Mr. Epperson's music was specifically selected by Robert Monroe to accompany Focus 27, as well as to feature in the best selling *Going Home* series, a collaborative project with Robert Monroe, Elisabeth Kübler-Ross, MD, and Charles Tart, PhD. Mr. Epperson contributed musical formats for Theresa Bullard, PhD, on "Alchemy and Metamusic," and many others. His work also appears on television, film and in video games. Through his writing, his blog and his social media presence, John helps keep Hemi-Sync in front of the millennial generation.

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## Allyn Evans

Allyn Evans has teamed up with Dr. Brian Dailey and Dr. Sergey Sorin as COO and Educational Director for Samvit Wellness to introduce and integrate alternative medical therapies to medical professionals. A former consultant and residential trainer for The Monroe Institute, Ms. Evans also served as the chair of the Monroe Institute's local chapter network efforts (LCN) from 2009 to 2011, playing a key role in launching the worldwide volunteer network. For two consecutive years she facilitated organizational sessions for TMI's Professional Seminar. Ms. Evans is a speaker, author, former newspaper columnist, and consultant who wrote "Live a Powerful Life: How to Move Beyond Pleaser and Good Little Girl to Conscious Queen" (2005). She earned a BA in Psychology and an MBA in Marketing. An Advanced Toastmaster, she offers workshops worldwide.



Allyn Evans

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## Robert Holbrook

Bob Holbrook has been a student of consciousness for most of his life. He is an anthropologist with experience in South America, Africa, the Middle East and the US. Bob has studied Anthropology and Psychology at Ball State University, Indiana University and the University of Chicago. He studied Archaeology with the University of Michigan.

He is an active member of the Society for the Anthropology of Consciousness, the Institute of Noetic Sciences, and a certified provider with the Institute of Heartmath. He is presently working with individuals in the areas of addiction and post traumatic stress disorder.

Mr. Holbrook is TMI's Director of Innovation and a residential program trainer, as well as the chief engineer of TMI's Spatial Angle Modulation (SAM) technology.



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## A. J. Honeycutt

Much of Mr. Honeycutt's early life was impacted by the development of The Monroe Institute, from its beginning as a small family operation to the world-renowned organization it is today. After graduating from Emory and Henry College he continued his involvement in various aspects of the Institute, and began serving as Director of Operations and Center Manager in 1992. In this capacity he was responsible for overseeing and managing development and activities at the Nancy Penn Center, David Francis Hall and Roberts Mountain Retreat. He served as Vice President of the Institute from 1999-2004, before leaving to pursue independent interests. He joined the Monroe Products staff as Special Projects Manager in June 2008—a time when the digital age was becoming increasingly mainstream—and helped to create a new business model to meet the challenging and ever-changing ways of delivering the Hemi-Sync technology. He was appointed President of Monroe Products in 2012, and continues to lead Monroe Products toward fulfilling Bob Monroe's vision to offer "something of value."



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## James Lane



Like many people, James Lane, PhD, read *Journeys Out of the Body* in the 1970s, not realizing it was altering the course of his life. At the time he was a psychology graduate student at the University of California, Los Angeles. When, in 1979, he moved to North Carolina, he expected one day to drive up to Virginia and introduce himself to Bob.

By the time Dr. Lane made his first visit to TMI Bob had already died. Nevertheless the nature of The Monroe Institute's work continued to compel him. When a premed undergrad student of his, Stefan Kasian, interned with complementary and alternative medicine researcher Justine Owens, Dr. Lane collaborated with them on his first binaural study at the Duke University lab. Skip Atwater assisted from the TMI side and in 1998 the research team published "Binaural auditory beats affect vigilance performance and mood" in *Physiology & Behavior* [Lane, J.D., Kasian, S.J., Owens, J., and Marsh, G.].

Dr. Lane has been TMI's Research Director for nearly four years. After 35 years at Duke University he retired as an Emeritus Professor on June 30, 2015. He hopes now to dedicate more time and effort to advancing TMI's research program.

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## Nancy H. McMoneagle

In the 1970s, Nancy (Scooter) McMoneagle helped her step-father and mentor, Robert Monroe, build the foundations of the now internationally recognized non-profit organization for consciousness research and education, The Monroe Institute (TMI), and Interstate Industries, Inc. (III, dba Monroe Products). She subsequently served as the Director of both organizations.

Initially answering fan mail from Bob's seminal work, *Journeys Out of the Body*, and subsequently wearing most hats in the business, Ms. McMoneagle helped design, develop, coordinate and conduct training programs in personal development, now known as the Gateway Voyage. Later, as the Institute's director (1983–1991), she generated a solid staff of program trainers and, using her team-centered management style, implemented Bob Monroe's vision by working with him and the creative input of others to form additional consciousness training programs and products.

In addition to other contributions, she established the international Gateway Outreach program with the assistance of experts in training design, thus bringing The Monroe Institute's programs and III's audio products to a worldwide audience. Currently, Ms. McMoneagle serves as The Monroe Institute's Executive Director and President.



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## Carmen Montoto



Carmen graduated from the University of Puerto Rico with a BA in History of Art. She also studied Home Design, Kinesiology, Photo Reading and diverse methods in alternative healing. She is a Brain Gym and Hado Instructor and a TMI Outreach and Off Campus Residential Trainer. Carmen has offered conferences and workshops in Iceland, North and South America, and the Caribbean about Hemi-Sync and its uses.

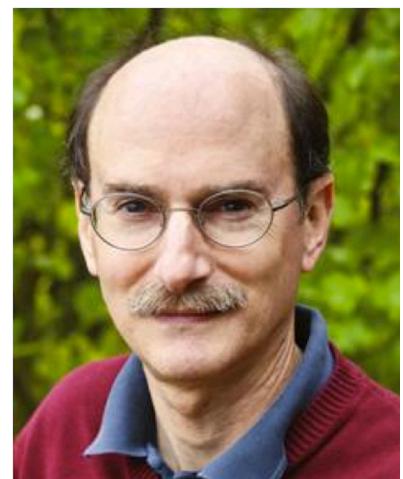
As a Member of the Professional Division of TMI she generated more than 12 research projects on the use of Hemi-Sync to enhance learning and help children with learning disabilities. With Jacqueline Mast, she organized the International Conference on Special Education in Puerto Rico. For many years Carmen created a Childrens' Summer Theater Workshop using *Metamusic*. She developed a program called "Wiring" or ALAMBRAjE, combining Hemi-Sync, Brain Gym Exercises, breathing techniques, positive affirmations, and the arts to increase the learning skills and wellness of children. This system was incorporated in some schools in Puerto Rico.

Carmen has participated as a speaker in many activities related to Autism and ADHD, presenting Hemi-Sync and Brain Gym as useful tools to help children and adults in Special Education Programs. She is also Director of MC Squared, a place that offers classes and diverse workshops and activities that promote the arts, enhance learning, healing and spiritual development.

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## Dean Radin

Dean Radin, PhD, is Chief Scientist at the Institute of Noetic Sciences (IONS) and Volunteer Faculty in the Department of Psychology at Sonoma State University. He earned a BSEE degree in electrical engineering, *magna cum laude* with honors in physics, from the University of Massachusetts, Amherst, and then an MS in electrical engineering and a PhD in psychology from the University of Illinois, Urbana-Champaign. For a decade he worked on advanced telecommunications R&D at AT&T Bell Laboratories and GTE Laboratories. For over two decades he has been engaged in frontiers research on the nature of consciousness. Before joining the research staff at IONS in 2001, he held appointments at Princeton University, University of Edinburgh, University of Nevada, Interval Research Corporation, and SRI International.



He is author or coauthor of over 250 peer-reviewed scientific and popular articles, three dozen book chapters, and 3 popular books including the award-winning and bestselling *The Conscious Universe*, *Entangled Minds*, and a 2014 Silver Nautilus Book Award, *Supernormal*. Dr. Radin has appeared on dozens of television shows and has given over 350 interviews and talks.

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## Stefano Roverso



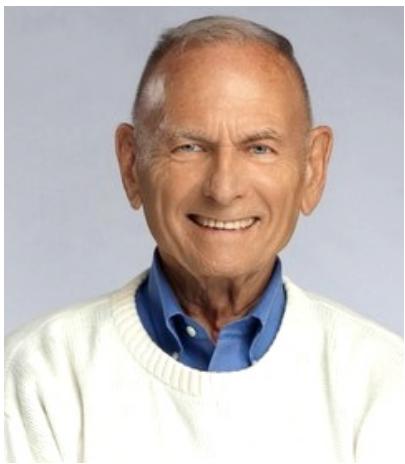
Stefano Roverso began his professional career as a software engineer. When not programming, he read Carlos Castaneda, Charles Tart, and Aldous Huxley, and followed a “four-way school” related to the teachings of G. Gurdjieff and P. Ouspensky.

In 1994, he created a software company, became a father, and bought his house. In 2002, he joined a start-up company devoted to health care training. His personal development guided him through an interest in Chinese Medicine, Shiatsu, Shamanism, and Neurolinguistic Programming (NLP). He received professional accreditation as a Master Practitioner in NLP and Shiatsu Massage Therapist.

In 2007, he discovered TMI and attended his first program. The Gateway Voyage and other TMI courses changed his life in a deeper way than he had previously experienced. He became an Outreach trainer, which allowed him to bring the TMI experience to Italy.

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## C. Norman Shealy



C. Norman Shealy always knew he wanted to be a physician. Just how far that would take him, he could never have imagined. Now, the Shealy Institute has been recognized as the most successful and cost effective pain clinic in the U.S. Over a thirty-year period his clinic treated more than thirty thousand chronically ill patients with a remarkable 85% success rate.

Dr. Shealy's ideas are the foundation for pain management therapies used worldwide, and the "Shealy Program" is the mainstay of chronic pain treatment and management sought by patients and physicians like.

Shortly after beginning his career as an accomplished neurosurgeon, Dr. Shealy decided to look into pain, what causes it, what we can do about it, and how it affects us as human beings. He recognized that the majority of long term fixes for chronic pain did not come from the established medical community, but from the "folk domain." Consulting and researching with acupuncturists, mystics, faith healers, color therapists, folk healers, and other non-traditional therapists, and blending this new knowledge with his medical background, Dr. Shealy came to the conclusion that, "It is the interaction of the four main fields of stress; the chemical, physical, electromagnetic, and emotional; that is the cause of all illness—not some, all."

Dr. Shealy attended Duke Medical School, interned in Internal Medicine, then completed a year of General Surgery at Barnes Hospital, followed by a five-year residency in Neurosurgery at Harvard's Massachusetts General Hospital. In 1977 he earned a PhD in Psychology from Saybrook Institute and received a Doctor of Science degree from Ryodoraku Institute.

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## Susan Smily

Susan Smily is a teacher and speaker with over 40 years experience in the classroom and in workshop/seminar presentations. She is a published author and poet, traveller, and renaissance woman. She is committed to helping others reach their highest potential and moves toward this goal in all facets of her own life's work—be it writing, speaking, teaching, or counseling. Ms. Smily is a TMI Outreach trainer, Professional Division member, and serves on the PD Leadership Council. She was recently appointed volunteer Professional Division membership coordinator.



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## Sergey Sorin

Sergey Sorin, MD, became interested in wellness and healing, in addition to practicing traditional medicine, at an early age. In 2006, he founded a Physician Weight Loss and Wellness center, as well as serving as Medical Director for a Surgical Weight Loss Practice.

His life took a new direction and focus after he was diagnosed with colon cancer in 2007. He started to apply knowledge he had learned about the mind, body, and spirit to overcome this challenge in his own life. In the process, he founded the Power Principle, for Mind-Body-Spirit alignment, and has written 2 published books on this topic.



In his search for deeper meaning and purpose in life, he met another physician, Dr. Brian Dailey, a long-time veteran of The Monroe and a true healer, including being a Reiki Master-Teacher. Dr. Sorin also became a Reiki Master-Teacher, as well as taking the plunge into the world of TMI, completing multiple programs. He is also a member of the Dolphin Energy Club and the Professional Division.

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## Richard (Dick) Werling



Dick Werling received a Masters of Science in Industrial Engineering from UC Berkeley in 1960. A twenty-two-year veteran of the Professional Division, Mr. Werling, a retired management consultant, has attended multiple TMI programs and has worked as a Dolphin Energy Club healer since 1994. Through his long experience of honing skills to achieve deep states of healing consciousness, Mr. Werling developed a data gathering and recording tool he refers to as a "trip report." Using trip reports to manage the information he encounters in expanded states allows for deeper and more precise understanding of his experiences.